

No. AWO (VK)/58/2019-20

**Government of India**

**Ministry of Personnel, Public Grievances and Pensions**

**Department of Personnel and Training**

**[OFFICE OF THE AREA WELFARE OFFICER]**

*[Jurisdiction: North Avenue, Baba Kharak Singh Marg, Kali Bari Marg,  
Peshwa Road, Hanuman Road, Sector-IV DIZ Area, Minto Road Area, New Delhi]*

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A-8, 3<sup>rd</sup> Floor, PTI Building,  
Sansad Marg, New Delhi-110001

Dated 15<sup>th</sup> January, 2020

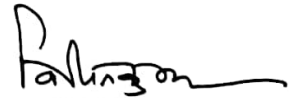
**NOTICE**

CGHS beneficiaries may please note that they may also avail the following facilities related to **Yoga and Naturopathy** at Dr. Ram Manohar Lohia Hospital, New Delhi:

- i. OPD Consultation on Yoga and Naturopathy
- ii. Disease-specific yoga classes
- iii. General Yoga classes
- iv. Dietary Consultation
- v. Counseling on life-style changes to be adopted

2. Interested beneficiaries may contact **Dr. Jyoti Aggrawal**, Room No. 36, near Department of Psychiatry, Gate No. 9, Dr. RML Hospital on **Monday to Friday (8:00 AM to 3:30 PM) and Saturday (8:00 AM to 1:00 PM)** to avail these facilities.

3. RWAs of nearby areas of the Hospital may also conduct awareness programme on 'Yoga and Naturopathy for Life-style Disorders' in consultation with Dr. Jyoti Aggrawal and the undersigned in their residential complexes on Saturdays.



**(VIPIN KUMAR)**

**Area Welfare Officer**

Mobile: 9810062014

E-mail: vipinksrijan@gmail.com