

F.No.25-05/2020-LI (Pt)  
Ministry of Communications  
Department of Posts  
**(Directorate of Postal Life Insurance).**  
**Chanakyapuri P.O. Complex,**  
**New Delhi-110021**

Dated: 02.08.2022

To,

All Head of Circles/Addl. DG APS  
Director, RAKNPA, Ghaziabad/CGM (CEPT)  
All Director, PTCs/Director, PLI, Kolkata


Sub: **Revision of procedure prescribed in appendix of Post Office Life Insurance Rules, 2011.**

Sir/Madam,

On discontinuation of insurance service and closure of PLI Section in APS, procurement of new PLI Policies pertaining to Defence Personnel was stopped w.e.f September 2017. Subsequently, policy servicing was also stopped in APS and all casefiles maintained by them were transferred to 36 civil CPCs in various Circles.

2. In view of the above, the procedure laid down for procurement of PLI Policies exclusively by APS prescribed in appendix part of Post Office Life Insurance Rules, 2011, has been revised accordingly for procurement of PLI policies by Defence Personnel through Civil Post Offices and its servicing thereof.
3. In this regard, a copy of the Gazette of India notification issued vide file no. 25-05/2020-LI (Pt) dated 15.07.2022 is attached along with following documents for easy understanding: -
  - a. A "CONSENT FORM" to be filled in by Defence Services Personnel who desire to pay their PLI renewal premium through Pay recovery Mode. **(Annexure-I)**
  - b. Instructions for PLI-CPCs and DDOs/PAO briefing them about the necessary steps/procedures to be followed for correctly recovering the premium, handling of case files by CPCs etc., bifurcation of GST etc. along with an illustration. **(Annexure-II)**
  - c. A list of Defence PAOs along with the name of their respective mapped CPCs, for ease/facilitation of CPC Staff. **(Annexure-III)**
4. This information along with all the attached documents may be widely disseminated among all CPCs, Counter Staffs, sales forces for wide publicity and for adhering to the revised procedure and instructions.

This issues with the approval of competent authority.

  
02/08/2022

**(Hariom Sharma)**  
**Deputy Divisional Manager-II**

Encl: As above.

<https://www.staffnews.in>



# भारत का राजपत्र The Gazette of India

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असाधारण  
EXTRAORDINARY

भाग I—खण्ड 1  
PART I—Section 1

प्राधिकार से प्रकाशित  
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संचार मंत्रालय

(डाक विभाग)

(डाक जीवन बीमा निदेशालय)

अधिसूचना

नई दिल्ली, 4 जुलाई, 2022

फा. सं. 25-05/2020-एलआई (पार्ट).—राष्ट्रपति, भारत के राजपत्र संख्या 85 (भाग-I खंड-I असाधारण) में 28 अप्रैल 2011 को प्रकाशित "डाकघर जीवन बीमा नियम, 2011" के "रक्षा सेवा द्वारा प्रस्तुत प्रस्तावों के संबंध में अपनाई जाने वाली प्रक्रिया" से सम्बंधित परिशिष्ट में निम्नानुसार संशोधन करते हैं:

**रक्षा सेवा कार्मिकों (असम राइफल्स और अर्द्धसैनिक बल के कार्मिकों सहित) द्वारा प्रस्तुत प्रस्तावों के संबंध में अपनाई जाने वाली प्रक्रिया:**

रक्षा सेवा का कोई भी सदस्य जो डाक जीवन बीमा पॉलिसी क्रय का इच्छुक है, उसके लिए क्रय प्रक्रिया निम्नलिखित को छोड़कर, अन्य प्रस्तावकों के समान "डाकघर जीवन बीमा नियम, 2011" और समय-समय पर जारी किए गए संशोधनों में उपलब्ध प्रक्रिया के अनुसार नियंत्रित होगी: -

1. ऐसे अधिकारी एवं जेसीओ/एनसीओ/ओआर अथवा समकक्ष रक्षा कार्मिक जो 'SHAPE-1' चिकित्सा श्रेणी में हैं, उन्हें डाक जीवन बीमा पॉलिसी लेने के लिए प्रस्ताव प्रस्तुत करते समय चिकित्सा परीक्षण से छूट दी जाएगी। वे रक्षा

कार्मिक जो कि 'SHAPE-1' श्रेणी में नहीं हैं, उन्हें अन्य सिविल प्रस्तावकों के समान निर्धारित प्रक्रिया के अनुसार चिकित्सा परीक्षण से गुजरना होगा।

2. रक्षा सिविल प्रस्तावकों की "डाकघर जीवन बीमा नियम, 2011" में निर्धारित प्रक्रिया अनुसार संबंधित चिकित्सा अधिकारियों द्वारा चिकित्सा जांच की जाएगी। चिकित्सा जांच के शेष सभी नियम और शर्तें "डाकघर जीवन बीमा नियम, 2011" के नियमों के अनुसार लागू होंगी।
3. **प्रीमियम भुगतान:-** प्रथम प्रीमियम का भुगतान अन्य प्रस्तावकों के समान "डाकघर जीवन बीमा नियम, 2011" में निर्धारित प्रावधान के अनुसार हमेशा नकद या चेक के माध्यम से किया जाएगा। हालांकि, बाद के प्रीमियम की कटौती का तरीका प्रस्तावक द्वारा नकद (चेक/ऑनलाइन अथवा समय-समय पर विभाग द्वारा अधिकृत किसी अन्य भुगतान प्रणाली सहित) या वेतन से कटौती के रूप में चुना जा सकता है।
4. रक्षा कार्मिकों की नकद/वेतन वसूली पॉलिसी के लिए अनुवर्ती/भविष्य के प्रीमियम के संग्रहण और अद्यतनीकरण के लिए पीएलआई-सीपीसी द्वारा की जाने वाली कार्रवाई की प्रक्रिया निम्नानुसार है: -
  - 4.1 नकद पॉलिसियों के मामले में: - ऐसी पॉलिसियाँ अन्य सिविल प्रस्तावकों की नकद पॉलिसी के समान ही नियंत्रित होगी।
  - 4.2 वेतन वसूली पॉलिसियों के मामले में:-
    - 4.2.1 उन सीपीसी में प्राप्त पीएलआई प्रस्ताव के मामले में, जो पहले से ही प्रस्तावक के संबंधित डीडीओ/पीएओ/सीडीए के साथ मैप किए गए हैं: -संबंधित सीपीसी वेतन से अनुवर्ती प्रीमियम की कटौती के लिए पॉलिसी स्वीकृति पत्र तथा प्रस्तावक के सहमति पत्र को प्रस्तावक के आहरण एवं संवितरण अधिकारी (डीडीओ)/वेतन लेखा अधिकारी (पीएओ)/रक्षा लेखा नियंत्रक (सीडीए) को अग्रेषित करेगा।
    - 4.2.2 उन सीपीसी में प्राप्त पीएलआई प्रस्ताव के मामले में जो प्रस्तावक के संबंधित डीडीओ/पीएओ/सीडीए के साथ मैप नहीं किए गए हैं: -

सीपीसी, पॉलिसी क्रय प्रक्रिया के पूरा होने के पश्चात प्रस्ताव से सम्बंधित मूल केस फाइल को संबंधित सीपीसी जिसे प्रस्तावक के डीडीओ/पीएओ/सीडीए के साथ मैप किया गया है, को अग्रेषित करेगा तथा विभाग द्वारा निर्धारित प्रारूप में बीमाकर्ता के सहमति पत्र और स्वीकृति पत्र की प्रति को अनुवर्ती प्रीमियम की कटौती करने हेतु एवं सीपीसी को प्रीमियम शेड्यूल भेजने के लिए प्रस्तावक के डीडीओ/पीएओ/सीडीए को प्रेषित करेगा।

5. वेतन वसूली पालिसी के मामले में मासिक अनुसूचियां(शेड्यूल) और प्रीमियम भुगतान: - संबंधित डीडीओ/पीएओ/सीडीए, मासिक आधार पर अनुवर्ती प्रीमियम भुगतान के लिए विभाग द्वारा निर्धारित प्रोफार्मा में, मैप किए गए सीपीसी को चेक से या किसी अन्य प्रणाली जिसे विभाग द्वारा समय-समय पर स्वीकार किया जाता है, के माध्यम से बीमाकर्ता(ओं) के वेतन से वसूल किए गए प्रीमियम के विवरण के साथ प्रेषित करेंगे।

सीपीसी द्वारा संबंधित डीडीओ/पीएओ/सीडीए से प्राप्त होने वाले प्रीमियम भुगतान शेड्यूल के समय पर प्राप्त होने की निगरानी रखी जाएगी तथा शेड्यूल में विसंगतियां, यदि कोई हो, तो संबंधित डीडीओ/पीएओ/सीडीए के परामर्श से उनका उचित समाधान किया जाएगा और उसके पश्चात प्रीमियम शेड्यूल तदनुसार अपलोड किया जाएगा।

अंजू निगम, मुख्य महाप्रबंधक (पीएलआई)  
अतिरिक्त सचिव के समकक्ष

## MINISTRY OF COMMUNICATIONS

(Department of Posts)

(DIRECTORATE OF POSTAL LIFE INSURANCE)

### NOTIFICATION

New Delhi, the 4th July, 2022

**F. No. 25-05/2020-LI(Pt).**—The President is pleased to amend and revise the APPENDIX having "Procedure to be followed in connection with proposals submitted by Defence Service Personnel" of "Post

Office Life Insurance Rules-2011” published on 28<sup>th</sup> April 2011 in the Gazette of India No. 85 (Part-I Section-I Extraordinary) as under: -

**PROCEDURE TO BE FOLLOWED IN CONNECTION WITH PROPOSALS SUBMITTED BY DEFENCE SERVICE PERSONNEL (INCLUDING PERSONNEL OF ASSAM RIFLES AND PARAMILITARY FORCES)**

Any member of the Defence Services wishing to purchase a Postal life Insurance Policy shall be governed at par with other proponents as per “Post Office Life Insurance Rules, 2011” and amendments issued from time to time, except for the following: -

1. Defence personnel who are in medical category ‘SHAPE-1’ for Officers and JCOs/NCOs/OR or equivalent, will be exempted from Medical Examination while submitting the proposal for taking Postal Life Insurance Policy. Defence Personnel who are not in ‘SHAPE-1’ category shall undergo medical examination as per the procedure prescribed for other civil proponents.
2. The Defence civilian proponents shall be subject to usual medical examination by the respective Medical Officers as prescribed in “Post Office Life Insurance Rules, 2011”. All other terms and conditions of medical examination shall also apply as mentioned in the rules concerned of “Post Office Life Insurance Rules 2011”.
3. **Premium Payment:** -First premium shall always be paid by the proposer through cash or cheque at par with other proponents as per the provision laid down in “Post Office Life Insurance Rules, 2011”. However, mode of subsequent premium payment may be selected by the proponent as Cash (including cheque/online or any other payment mode authorized by Department from time to time) or deduction through Pay.
4. **Nature of action to be taken by PLI-CPC for collection and updation of subsequent/future premia for Cash/Pay Recovery Policies of Defence Personnel is as under: -**
  - 4.1 **In case of Cash Policies:** - Such policies shall be dealt at par with Cash policies, as of other Civil Proponents.
  - 4.2 **In case of Pay Recovery Policies: -**
    - 4.2.1 **In case of a PLI proposal received at a CPC, which is already mapped with the DDO/PAO/CDA concerned of the proposer:** -The CPC concerned shall forward the acceptance letter along with consent of the insurant to the Drawing & Disbursing Officer (DDO)/Pay Account Officer (PAO)/Controller of Defence Accounts (CDA) of the proposer, for deduction of subsequent premia from the pay.
    - 4.2.2 **In case of a PLI proposal received at a CPC which is not mapped with the concerned DDO/PAO/CDA of the proposer:** - The CPC, after completion of the policy procurement process, shall forward the case file in original to the concerned CPC which is mapped with the DDO/PAO/CDA of the proposer and copy of acceptance letter and consent of the insurant in the format prescribed by the Department shall be sent to the DDO/PAO/CDA concerned, for deduction of subsequent premia & sending the schedule to the mapped CPC.
5. **Monthly Schedules & Premium payment in case of Pay Recovery Policies:** -The DDOs/PAO/CDA concerned are required to send PLI recovery schedules for the renewal premia on monthly basis to the mapped CPC in the proforma prescribed by the Department along with premia recovered from the insurant(s) in Cheque or through any other mode being accepted by the Department from time to time. The CPC shall keep watch over timely receipt of the schedules from respective DDO/PAO/CDA concerned along with premia payment and the discrepancies, if any, shall be got reconciled in consultation with DDO/PAO/CDA concerned and schedule may then be uploaded accordingly.

ANJU NIGAM, Chief General Manager (PLI)  
Equivalent to Addl. Secy.

**Annexure-I**

**Consent form for Defence Services Personnel for payment of Postal Life Insurance (PLI) renewal Premium through their Pay Recovery mode.**

Policy No.																				
Name																				
Sum Assured																				
Rank																				
Army No.																				
PAO/DDO /CDA Address																				

\* GST on the monthly premium will be added at the applicable rates.

Deduction start period (Month/Year)	M	M	Y	Y	Y	Y

Deduction end period (Month/Year)	M	M	Y	Y	Y	Y

I hereby authorize my PAO/DDO to deduct premia towards my PLI policy with particulars furnished above. I hereby declare that I will be personally responsible for ensuring regular deduction of premium from my salary and credit of same towards my policy and any change in the policy affecting premium (like surrender/ commutation/ conversion/ mode of premium payment etc.) made by me during the policy term shall be immediately communicated to the concerned PAO /PLI-CPC.

**(Signature of Insurant)**

Name  
Mobile  
Email Address

**Countersigned by immediate superior/employer of Defence Personnel at the place of posting**

**(Signature)**

Name  
Office Stamp

**For Office Use**

\*\*\*\*\*  
The details furnished by the insurant above have been checked and verified with that furnished in Proposal Form and is found to be correct.

**(Signature of CPC Incharge with Stamp)**

## Annexure-II

### **Instructions for PLI-Central Processing Centre (CPC)**

1. The Medical Examination of Defence Personnel may be exempted provided they are in 'Shape I' Category and provide a copy of document along with the proposal form in confirmation of the same.
2. The first premium shall be invariably collected through cash or cheque, or any other online premium payment mode authorized by Department from time to time (except through Pay Recovery) like other Civil proponents.
3. **In cases where a CPC is mapped with the Drawing & Disbursing Officer (DDO)/Pay Account Officer (PAO)/Controller of Defence Accounts (CDA) of the insurant:** -If the subsequent premia deduction is desired through pay recovery mode by a Defence Personnel insurant then the CPC (where the policy is procured i.e. parent CPC) shall receive the consent of the insurant in Annexure-I, duly signed by the insurant and counter signed by the employer/immediate superior at the place of posting. The consent of insurant along with acceptance letter shall be forwarded to PAO concerned for deduction of subsequent premia.
4. **In cases where a CPC is not mapped with the DDO/PAO/CDA of the insurant:** -In case the CPC is mapped with a PAO, other than the Parent CPC (where the policy has been procured), then the parent CPC shall forward the consent letter in Annexure-I along with acceptance letter to the PAO concerned along with copy to the mapped CPC. Also, in such cases, parent CPCs shall invariably forward the original case file by insured post to the mapped CPC for their records under intimation to PAO concerned and the insurant.
5. The mapped CPC shall keep watch over timely receipt of the schedules from respective DDO/PAO/CDA concerned. The mapped CPC shall ensure that the name of the insurant is correctly included in the schedule and premium has been deducted & reflected in the schedule at the prescribed rates along with applicable GST.

### **Instruction for PAO concerned:**

1. The PAO shall initiate recovery of the premium at the prescribed rates along with the applicable GST for mentioned period on the first day of that month. For example, premium for the month of August 2022 shall be deducted from the salary of the month of July 2022 and shall be paid on 1<sup>st</sup> of the month i.e., 1<sup>st</sup> of the August 2022 in this case.
2. The premium shall be deducted along with applicable GST rates. At present, during the first year of the policy (12 months), GST applicable is 4.5% of premium and second year onward (13<sup>th</sup> month onward) GST applicable is 2.25%. For e.g., if the monthly premium amount is ₹1200/- then the GST for the first 12 months (including initial premium) @ 4.5% is ₹ 54/- and from the 13<sup>th</sup> month shall be charged @ 2.25% i.e., ₹ 27/-. Therefore, in this case total premium amount to be deducted during first 12 months is ₹ 1254/- and from the 13<sup>th</sup> month onward @ of ₹ 1227/-.
3. The premium shall be deducted upto the exit month of the policy or shall be stopped at the request of the insurant, in cases where insurant changes the pay recovery mode from Pay to

Cash, surrender the policy etc. In any of such cases, the insurant will inform this PAO/CDA under intimation to CPC along with his request application.

4. DDO/PAO/CDA shall deduct the premium and send the schedule well in time along with premium payment to the mapped CPC.
5. DDO/PAO/CDA shall ensure that the premium amount and GST component are shown separately in the monthly schedule to be sent to the mapped CPC.

## ANNEXURE-III

DETAIL OF MAPPED CPC OF DEFENCE POLICIES						
SI No	Name of PAO/CDA/ DDO	PAO/CDA/ DDO code as per McCamish system	Full Address of PAO/CDA/DDO	e-Mail id of PAO/CDA/DDO	Name& Address of Mapped CPC	Email id of mapped CPC
1	ASC(AT)	AA-3	PAO(ORs) ASC(AT),BANGALORE-560007	paoascatblr@gmail.com	HAL II stage HO Bengaluru, Karnataka, PIN-560008	<a href="mailto:haliistageho@indiapost.gov.in">haliistageho@indiapost.gov.in</a>
2	AMC	AA-4	PAO(ORs) AMC,LUCKNOW Cantt--226002	pao-amc.lkn.cgda@nic.in	Lucknow GPO, Uttarpradesh, PIN-226001	<a href="mailto:lucknowgpo@indiapost.gov.in">lucknowgpo@indiapost.gov.in</a>
3	BENGAL ENGR GP	AA-5	PAO(ORs),BENGAL ENGR GP,ROORKEE-247667	pao-begrre.cgda@nic.in laliitfarswan.dad@hub.nic.in	Roorkee HO, Uttarakhand, PIN-247667	<a href="mailto:roorkeeho@indiapost.gov.in">roorkeeho@indiapost.gov.in</a>
4	DOGRA REGTL CENTRE	AA-6	PAO(ORs),DOGRA REGTL CENTRE,FAIZABAD-224001	paodrcfzd@gmail.com	Faizabad HO, Uttarpradesh, PIN-224001	<a href="mailto:faizabadho@indiapost.gov.in">faizabadho@indiapost.gov.in</a>
5	BIHAR REGTL CENTRE	AA-7	PAO(ORs),BIHAR REGTL CENTRE,DANAPORE CANTT-801503	pao-brcdpr.cgda@nic.in	Patna GPO, Bihar, PIN-800001	<a href="mailto:cpmpatnagpo@indiapost.gov.in">cpmpatnagpo@indiapost.gov.in</a>
6	GARHWAL RIFLES	AA-8	PAO(ORs),GARHWAL RIFLES Regimental Centre,LANSDOWNE-246155	pao-lansdowne.cgda@nic.in	Lansdowne HO, Uttarakhand, 246155	<a href="mailto:lansdowneho@indiapost.gov.in">lansdowneho@indiapost.gov.in</a>
7	11 GRRC	AA-9	PAO(ORs),11 GRRC,LUCKNOW CANTT-226002	<a href="mailto:meps11grrc@rediffmail.com">meps11grrc@rediffmail.com</a>	Lucknow GPO, Uttarpradesh, PIN-226001	<a href="mailto:lucknowgpo@indiapost.gov.in">lucknowgpo@indiapost.gov.in</a>
8	14 GORKHA TRG CENTRE	AA-10	PAO(ORs),14 GORKHA TRG CENTRE,SUBATHU, SHIMLA HILLS-173206	pao-subhathu.cgda@nic.in	Solan HO, Himachal Pradesh PIN-173212	<a href="mailto:solanho@indiapost.gov.in">solanho@indiapost.gov.in</a>
9	GORKHA RIFLES, 39 GTC	AA-11	PAO(ORs),GORKHA RIFLES, 39 GTC,VARANSI CANTT-221002	pao39gtc@gmail.com	Varanasi Cantt HO, Uttarpradesh, PIN-221002	<a href="mailto:varanasicanttho@indiapost.gov.in">varanasicanttho@indiapost.gov.in</a>
10	58 GORKHA RIFLES	AA-12	PAO(ORs),58 GORKHA Training Centre,Happy Valley, SHILLONG-793007	pao-58gtc.cgda@nic.in	Shilong GPO, Meghalaya, PIN-793001	<a href="mailto:srpm.shillonggpo@gmail.com">srpm.shillonggpo@gmail.com</a>
11	GUARDS TRG CENTRE	AA-13	PAO(ORs),GUARDS TRG CENTRE,KAMPTEE-441001	paogds@gmail.com	Kamthi HO, Maharashtra PIN-441001	<a href="mailto:kamthiho@indiapost.gov.in">kamthiho@indiapost.gov.in</a>
12	C/O JAK LI RECORD OFFICE	AA-14	PAO(ORs),JAK LI Centre,Old Airport Road, Rangreth, Shrinagar J&K-190007	pao-jak.cgda@nic.in	Srinagar GPO, Jammu & Kashmir PIN-190001	<a href="mailto:srinagargpo@indiapost.gov.in">srinagargpo@indiapost.gov.in</a>



13	JAT REGTL CENTRE	AA-15	PAO(ORs),JAT REGTL CENTRE,BAREILLY-243004	paoorsjrc@yahoo.in	Bareilly Canttt HO, Uttarpradesh, PIN-243001	<a href="mailto:bareillyho@indiapost.gov.in">bareillyho@indiapost.gov.in</a>
14	KUMAON REGTL CENTRE	AA-16	PAO(ORs),KUMAON REGTL CENTRE,RANIKHET-263645	pao-krc.cgda@nic.in	Ranikhet HO, Uttarakhand, PIN-263645	<a href="mailto:ranikhetho@indiapost.gov.in">ranikhetho@indiapost.gov.in</a>
15	PUNJAB REGTL CENTRE	AA-17	PAO(ORs),PUNJAB REGTL CENTRE,RAMGARH CANTT-829130	pao-prc.cgda@nic.in	Ramgarh Cantt HO, Jharkhand PIN-829122	<a href="mailto:pmrcantthpo@gmail.com">pmrcantthpo@gmail.com</a>
16	PARA REGTL CENTRE	AA-18	PAO(ORs),PARA REGTL CENTRE,J.C Nagar BANGALORE-560006	pao-para.cgda@nic.in	RT Nagar HO, Bengaluru, Karnataka PIN-560032	<a href="mailto:cpcplirtnagar.ka@indiapost.gov.in">cpcplirtnagar.ka@indiapost.gov.in</a>
17	RAJPUT REGTL CENTRE	AA-19	PAO(ORs),RAJPUT REGTL CENTRE,Quila Ghatt, FATEGARH Cantt-299601	paorrcfgh@gmail.com pao-rrcfgh.cgda@nic.in	fatehgarh HO, Uttarpradesh, PIN-209601	<a href="mailto:fatehgarho@indiapost.gov.in">fatehgarho@indiapost.gov.in</a>
18	RAJ RIF REGTL CENTRE	AA-20	PAO(ORs),RAJ RIF REGTL CENTRE,DELHI CANTT-110010	pao-rrrc.cgda@nic.in	Naraina Industrial Eatate HO, New Delhi-110028	<a href="mailto:pmnieho-dl@indiapost.gov.in">pmnieho-dl@indiapost.gov.in</a>
19	RVC	AA-21	PAO(ORs),RVC,MEERUT CANTT-250001	pao-rvc.cgda@nic.in	Meerut HO, Uttarpradesh, PIN-250001	<a href="mailto:meerutcantho@indiapost.gov.in">meerutcantho@indiapost.gov.in</a>
20	SIKH REGTL CENTRE	AA-22	PAO(ORs),SIKH REGTL CENTRE,RAMGARH CANTT-829131	pao-src.cgda@nic.in	Ramgarh Cantt HO, Jharkhand PIN-829122	<a href="mailto:pmrcantthpo@gmail.com">pmrcantthpo@gmail.com</a>
21	SIKH LI	AA-23	PAO(ORs),SIKH LI,FATEGARH Cantt-299601	paoorsslifatehgarh@gmail.com	fatehgarh HO, Uttarpradesh, PIN-209601	<a href="mailto:fatehgarho@indiapost.gov.in">fatehgarho@indiapost.gov.in</a>
22	ASSAM REGTL CENTRE	AA-24	PAO(ORs),ASSAM REGTL CENTRE,Happy Valley SHILLONG-793007	pao-arc.cgda@nic.in	Shilong GPO, Meghalaya, PIN-793001	<a href="mailto:srpm.shillonggpo@gmail.com">srpm.shillonggpo@gmail.com</a>
23	LADAKH SCOUTS	AA-25	PAO(ORs),LADAKH SCOUTS,LEH-194104	paoorsls@gmail.com	Leh HO, Jammu & Kashmir PIN-194101	<a href="mailto:lehho@indiapost.gov.in">lehho@indiapost.gov.in</a>
24	ARTILLERY, LEKHANAGAR	AA-27	PAO(ORs),ARTILLERY, LEKHANAGAR,NASIK-422009	cda-nasik@nic.in	Nashik HO, Maharashtra PIN- 422001	<a href="mailto:cpcnskho@gmail.com">cpcnskho@gmail.com</a>
25	ARMOURED CORPS	AA-28	PAO(ORs),ARMOURED CORPS,AHMEDNAGAR-414002	pao-acrahmed.cgda@nic.in	Ahmednagar HO, Maharashtra PIN-414001	<a href="mailto:ahemdagarho@indiapost.gov.in">ahemdagarho@indiapost.gov.in</a>
26	ASC(SOUTH), AGRAM POST AGRAM POST	AA-30	PAO(ORs),ASC(SOUTH), LOWER AGRAM POST,BANGALORE-560007	pao-asc-banglr.cgda@nic.in	Banglore GPO, Karnataka PIN-560001	<a href="mailto:cpcplibgppo.ka@indiapost.gov.in">cpcplibgppo.ka@indiapost.gov.in</a>
27	ARMY ORDNANCE CORPS	AA-31	PAO(ORs),ARMY ORDNANCE CORPS,SECUNDERABAD-500015	pao-aoc.cgda@nic.in	Trimulgherry HO, Telangana, PIN-500015	<a href="mailto:trimulgherryho@indiapost.gov.in">trimulgherryho@indiapost.gov.in</a>
28	ARMY EDUCATION CORPS	AA-32	PAO(ORs),ARMY EDUCATION CORPS,PACHMARHI--461881	pao-aecpach.cgda@nic.in	Hosangabad HO, Madhya Pradesh, PIN-461001	<a href="mailto:hosangabadho@indiapost.gov.in">hosangabadho@indiapost.gov.in</a>

29	BOMBAY ENGINEER GP(K)	AA-33	PAO(ORs),BOMBAY ENGINEER GP, KIRKEE,PUNE-411003	pao-1400@pcdasc.gov.in	Pune HO, Maharashtra PIN-411001	<a href="mailto:puneho@indiapost.gov.in">puneho@indiapost.gov.in</a>
30	DEFENCE SECURITY CORPS	AA-34	PAO(ORs),DEFENCE SECURITY CORPS,Mill Road CANNANORE-670013	pao-cannanore.cgda@nic.in	Trivendrum GPO, Kerala, PIN-695001	<a href="mailto:srpmtvmgpo.keralapost@gmail.com">srpmtvmgpo.keralapost@gmail.com</a>
31	EME CENTRE	AA-35	PAO(ORs),EME CENTRE,SECUNDERABAD-500021	pao-eme.cgda@nic.in	Trimulgherry HO, Telangana, PIN-500015	<a href="mailto:trimulgherryho@indiapost.gov.in">trimulgherryho@indiapost.gov.in</a>
32	INT COLLAGE & CENTRE	AA-36	PAO(ORs), INT CORPS,INT COLLEGE & CENTRE,PUNE--410003	pao-intaptc.cgda@nic.in	Pune HO, Maharashtra PIN-411001	<a href="mailto:puneho@indiapost.gov.in">puneho@indiapost.gov.in</a>
33	MADRAS ENGG GP & CENTRE	AA-37	PAO(ORs),MADRAS ENGG GP & CENTRE,BANGALORE--560042	paomegblr@gmail.com	Banglore GPO, Karnataka PIN-560001	<a href="mailto:cpclibggpo.ka@indiapost.gov.in">cpclibggpo.ka@indiapost.gov.in</a>
34	MARATHA LIGHT INFANTRY	AA-38	PAO(ORs),MARATHA LIGHT INFANTRY,BELGAUM-590009	pao-mlibelg.cgda@nic.in	Belgaum HO, Karnataka, PIN-590001	<a href="mailto:belgaumho@indiapost.gov.in">belgaumho@indiapost.gov.in</a>
35	MAHAR REGTL CENTRE	AA-39	PAO(ORs),MAHAR REGTL CENTRE,SAUGOR-470001	pao-mrcsau.cgda@nic.in	Sagar Cantt HO, Madhya Pradesh PIN-470001	<a href="mailto:sagarcanttho@indiapost.gov.in">sagarcanttho@indiapost.gov.in</a>
36	MADRAS REGTL CENTRE	AA-40	PAO(ORs),MADRAS REGTL CENTRE,WELLINGTON, NILGIRIS-643231	paowellington@gmail.com pao-mrcwelling.cgda@nic.in	Coonoor HO, Tamilnadu, PIN-643101	<a href="mailto:coonoorho@indiapost.gov.in">coonoorho@indiapost.gov.in</a>
37	CORPS OF SIGNALS	AA-41	PAO(ORs),CORPS OF SIGNALS,JABALPUR-482001	pao-signl-jab.cgda@nic.in	Jabalpur HO, Madhya Pradesh PIN-482001	<a href="mailto:Jabalpurho@indiapost.gov.in">Jabalpurho@indiapost.gov.in</a>
38	PNR CORPS TRG CENTRE	AA-42	PAO (ORs) PNR CORPS TRG CENTRE,99 DICKENSON ROAD,BANGLORE--560042	pao-pctc.cgda@nic.in	HAL II stage HO Bengaluru, Karnataka, PIN-560008	<a href="mailto:haliistageho@indiapost.gov.in">haliistageho@indiapost.gov.in</a>
39	J & K RIFLES	AA-43	PAO(ORs),J & K RIFLES,JABALPUR-482001	pao-jakrif.cgda@nic.in	Jabalpur HO, Madhya Pradesh PIN-482001	<a href="mailto:jabalpurho@indiapost.gov.in">jabalpurho@indiapost.gov.in</a>
40	CORPS OF MIL POLICE	AA-44	PAO(ORs),CORPS OF MIL POLICE,NEELASANDRA, BANGALORE--560025	pao-cmp.cgda@nic.in	Banglore GPO, Karnataka PIN-560001	<a href="mailto:cpclibggpo.ka@indiapost.gov.in">cpclibggpo.ka@indiapost.gov.in</a>
41	GRENADIERS	AA-45	PAO(ORs),GRENADIERS,JABALPUR-482001	pao-grenediers.cgda@nic.in	Jabalpur HO, Madhya Pradesh PIN-482001	<a href="mailto:Jabalpurho@indiapost.gov.in">Jabalpurho@indiapost.gov.in</a>
42	APTC	AA-46	PAO(ORs),APTC,PUNE--410001	pao-intaptc.cgda@nic.in	Pune HO, Maharashtra PIN-411001	<a href="mailto:puneho@indiapost.gov.in">puneho@indiapost.gov.in</a>
43	MECH INF REGT CENTRE	AA-47	PAO(ORs),MECH INF REGT CENTRE,AHMEDNAGAR-414002	pao-mirahmed.cgda@nic.in	Ahmednagar HO, Maharashtra PIN-414001	<a href="mailto:ahemdnagarho@indiapost.gov.in">ahemdnagarho@indiapost.gov.in</a>

44	AAD	AA-50	PAO (OR),AAD,4TH FLOOR, PAN COMPLEX, ADJCENT TO PAYAL THEATRE BRAHMAPUR-760001	paoorgopalpur.dad@gov.in	Berhampur HO, Odisha, PIN-760001	<a href="mailto:berhampurgho@indiapost.gov.in">berhampurgho@indiapost.gov.in</a>
45	AAC, LEKHANAGAR	AA-51	PAO(ORs),AAC, LEKHANAGAR,NASIK--422009	cda-nasik@nic.in	Nashik HO, Maharashtra PIN- 422001	<a href="mailto:cpcnskho@gmail.com">cpcnskho@gmail.com</a>
46	AFCAO (OFFRS)	AA-101	AFCAO (OFFRS),SUBROTO PARK,NEW DELHI-110010	afcao@iaf.nic.in	Sarojini Nagar HO, New Delhi -110023	<a href="mailto:srpmsnho-dl@indiapost.gov.in">srpmsnho-dl@indiapost.gov.in</a>
47	AFCAO (AIRMEN)	AA-102	AFCAO (AIRMEN),SUBROTO PARK,NEW DELHI-110010	afcao@iaf.nic.in	Sarojini Nagar HO, New Delhi -110023	<a href="mailto:srpmsnho-dl@indiapost.gov.in">srpmsnho-dl@indiapost.gov.in</a>
48	OFFR INC,NAVAL PAY OFFICE	AA-201	OFFR INC,NAVAL PAY OFFICE,SHAHID BHAGAT SINGH ROAD,MUMBAI-400023	wncnavpay@navy.gov.in	Mumbai GPO, Maharashtra PIN-400001	<a href="mailto:mumbaigpo@indiapost.gov.in">mumbaigpo@indiapost.gov.in</a>
49	CDA(N)	AA-202	COAST GUARD PAO, 4TH FLOOR, COAST GUARD OTM COMPLEX, 'A' WING, C-BLOCK, PHASE-2, INDUSTRIAL AREA, SECTOR-62, NOIDA (U.P)-201309	cgpao@indiancoastguard.nic.in	Noida HO, Uttarpradesh, PIN-201301	<a href="mailto:noidaho@indiapost.gov.in">noidaho@indiapost.gov.in</a>
50	SUPPLY OFFR INCHARGE,NAVAL	AA-203	NAVAL,PAY OFFICE (SAILORS),SB SINGH,ROAD,MUMBAI-400023	wncnavpay@navy.gov.in	Mumbai GPO, Maharashtra PIN-400001	<a href="mailto:mumbaigpo@indiapost.gov.in">mumbaigpo@indiapost.gov.in</a>
51	PCDA(N) COAST GUARD SEC	AA-204	COAST GUARD PAO, 4TH FLOOR, COAST GUARD OTM COMPLEX, 'A' WING, C-BLOCK, PHASE-2, INDUSTRIAL AREA, SECTOR-62, NOIDA (U.P)-201309	cgpao@indiancoastguard.nic.in	Noida HO, Uttarpradesh, PIN-201301	<a href="mailto:noidaho@indiapost.gov.in">noidaho@indiapost.gov.in</a>
52	CDA OFFICERS	AA-301	CDA OFFICERS,GOLIBAR MAIDAN,PUNE-411001	accounts_pcdao.cgda@nic.in	Pune HO, Maharashtra PIN-411001	<a href="mailto:puneho@indiapost.gov.in">puneho@indiapost.gov.in</a>
53	ACCOUNT OFFICER APS	AA-401	ACCOUNT OFFICER APS,A/Cs SEC O/O DA(P),,NAGPUR--440001	apsplidap@gmail.com	Nagpur GPO, Maharashtra PIN-440001	<a href="mailto:nagpurgpo@indiapost.gov.in">nagpurgpo@indiapost.gov.in</a>
54	PAO GREF	AA-501	PAO GREF,ADMBLOCK,SECOND FLOOR,GREF CENTRE, DIGHI CAMP PO,PUNE--411015	pao-gref.cgda@nic.in	Pune HO, Maharashtra PIN-411001	<a href="mailto:puneho@indiapost.gov.in">puneho@indiapost.gov.in</a>
55	M POLICY	AA-502	AFCAO (Civilian),SUBROTO PARK,NEW DELHI-110010	afcao@iaf.nic.in	Sarojini Nagar HO, New Delhi -110023	<a href="mailto:srpmsnho-dl@indiapost.gov.in">srpmsnho-dl@indiapost.gov.in</a>
56	PAO CISF	AA-601	PAO CISF,Ministry of Home Affairs, 5th Floor, E-Block, GPO Building, INA New Delhi-110023	<a href="mailto:paocisfdl@mha.gov.in">paocisfdl@mha.gov.in</a>	Lodhi Road HO, New Delhi-110003	<a href="mailto:srpmlrho-dl@indiapost.gov.in">srpmlrho-dl@indiapost.gov.in</a>
57	PAO CISF	AA-602	Office of the Deputy Controller of Accounts, Regional PAO (CISF) Ministry of Home Affairs, 3RD M.S.O Building, DF Block, 2nd floor, Saltlake City, Kolkata-700064	rpaokol@yahoo.co.in	Lodhi Road HO, New Delhi-110003	<a href="mailto:srpmlrho-dl@indiapost.gov.in">srpmlrho-dl@indiapost.gov.in</a>

58	PAO CISF	AA-604	Regional PAO, CISF, Ministry of Home Affairs, 'D' Wing, Rajaji Bhawan, Besant Nagar, Chennai-600090	<a href="mailto:rpaochennai@gmail.com">rpaochennai@gmail.com</a>	Lodhi Road HO, New Delhi-110003	<a href="mailto:srpmlrho-dl@indiapost.gov.in">srpmlrho-dl@indiapost.gov.in</a>
59	ITBP,M.H.A,EAST BLOCK,9(A)	AA-701	PAO CENTRAL RECORDS OFFICE,ITBP,MHA,,9(A) EAST BLOCK,RK PURAM, NEW DELHI-110066	<a href="mailto:edpcro.itbp@nic.in">edpcro.itbp@nic.in</a>	Sarojini Nagar HO, New Delhi -110023	<a href="mailto:srpmsnho-dl@indiapost.gov.in">srpmsnho-dl@indiapost.gov.in</a>
60	ASSAM RIFLE	AA-800	PAO(AR),MANBHA VILLA LAITUMKHRAM,SHILLONG--793003	<a href="mailto:cpbo.dgar@gmail.com">cpbo.dgar@gmail.com</a>	Shilong GPO, Meghalaya, PIN-793001	<a href="mailto:srpm.shillonggpo@gmail.com">srpm.shillonggpo@gmail.com</a>
61	BSF	AA-901	Assitant commandant,M/O Home Affairs,Force Head Quater,BSF, IT Wing 1st floor,Pushpa Bhawan New Delh-110062	<a href="mailto:itwingpb@bsf.nic.in">itwingpb@bsf.nic.in</a>	New Delhi GPO, New Delhi-110001	<a href="mailto:admpli-dl@indiapost.gov.in">admpli-dl@indiapost.gov.in</a>
62	CRPF	AA-902	Accounts officer, M/O Home Affair,CRPF,PSP-2, Rohini,Sector-23,New Delhi-110086	<a href="mailto:ddacts@crpf.gov.in">ddacts@crpf.gov.in</a> & <a href="mailto:awadhesh.ojha@gov.in">awadhesh.ojha@gov.in</a>	New Delhi GPO, New Delhi-110001	<a href="mailto:admpli-dl@indiapost.gov.in">admpli-dl@indiapost.gov.in</a>